

News 13 Sep, 2021

## Sailors' Society launch Wellness at Sea campaign video



As part of our charity support programme West has supported the Sailors' Society Wellness at Sea programme. The Society has recently launched a video highlighting issues faced by seafarers and how the charity can help.

The Wellness at Sea programme gives seafarers the tools to manage issues before they turn into a crisis. Using their unique Circle of Care approach, the Society can support wellbeing across every area of seafarers' lives and careers, giving them the best opportunity to enjoy a fulfilling - and productive - career at sea.

Watch the Sailors' Society video here to find out how the Wellness at Sea programme can help you care for your crews' mental health and wellbeing.

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